



Under the Oak Training

Workshops & Mentoring

Newsletter #9

Season Nature Check-in

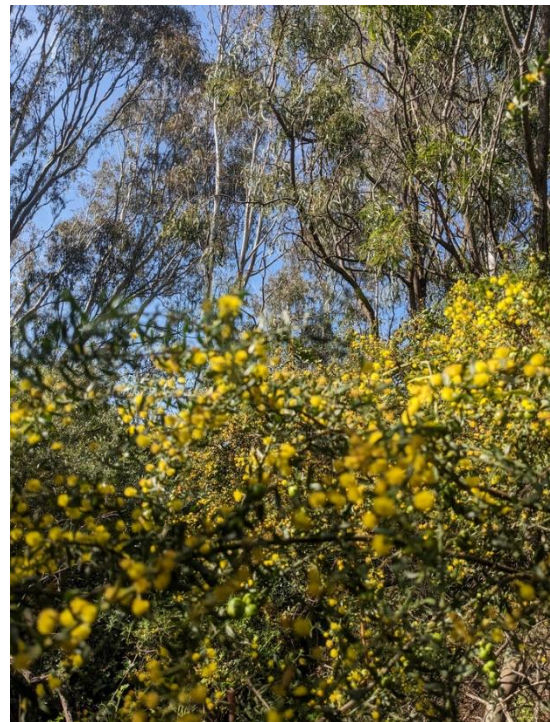
In Australia, the Spring Equinox will be on Saturday 23rd September.

Messy Gardens by Dana Kabaila

I have always loved messy gardens
Rugged with fungus
Cool with darkened canopy
Lost lawn ornaments under vines.

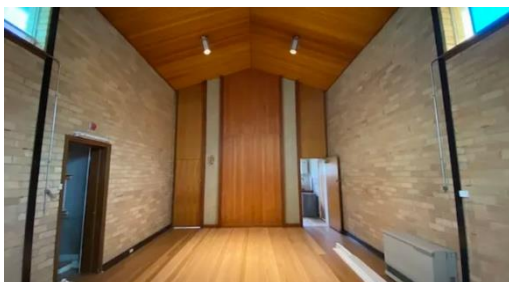
When I wear velvet in the grass
You cannot tell me
I am not a winter witch
With a cauldron of moon and tides.

Occasionally too sensible for bugs that bite,
Too big to fit under branches
I am still only a tantalising leaf away
From dirt under my nails.



Jungian Coaching

I recently completed a Jungian Coaching training course with the [C.G. Jung Centre](#) and presenting at the course Alumni gathering. I am now opening Jungian Coaching spots [Melbourne Integrated Therapies](#).



The site is a beautiful converted convent dating back to 1916. The gates lead through a garden grotto into a building with stain glassed windows, in a U-shape that centres around another garden. I will be very happy there and I hope my clients will too.



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Book Recommendation

[Put some Concrete in your Breakfast: Tales from Contemporary Nursing: Building Resilience, Empathy and Confidence within a Challenging Profession](#)

By Rasa Kabaila



Rasa is my incredible sister-cousin, the Founder of [Broadleaf Holistic Nurse Practitioner Services](#), an Australian MMA champion (literally) and can now add published author to her list of ever-growing achievements. This book is gloriously approachable, deeply moving and truly fascinating. Rasa shares stories from her patients and colleagues that showcase the grit, courage and empathy required to be a nurse.

At a time in history, we must find ways to welcome future nurses leaders and retain experienced nurses. Rasa demonstrates how to immerse yourself fully in the work while ensuring it doesn't swallow you.

Upcoming Exhibition

I am very excited to share that my Saulė painting in my Lithuanian Goddesses and Gods series has been accepted into the the Tending to Stories exhibition. This exhibition will accompany the '[Tending to Stories](#)' Conference being co-hosted by the [Australian Collaborators in Feminist Theologies \(ACFT\)](#) and [Women and the Australian Church \(WATAC\)](#).

If you are interested in visiting the exhibition, the launch will be held 5:30-6:30pm on Friday 13th October in the Buwi Gallery at the [Uniting Church Centre for Theology](#) and Mystery and the exhibition will run into November (closing date is TBC).





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Upcoming Conference

In November, I will co-presenting at the [Reimagine Conference](#) in Brisbane. This year's conference theme is Retool - Replenish - Reconnect.

My co-presenter, [Marie-Eve Dostie](#) is my colleague from [Ability Action Australia](#) and we will be speaking to the topic of Cultivating High Performing Teams in Early Childhood Sector.

As a conference attendee, I'm thrilled to see Child and Sibling Voices being centred at this conference and I look forward to hearing from children and families in this forum.

Feel free to reply to this e-mail with any questions or reflections: dana@undertheoaktraining.com

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